



Children's Behavioral Health

Program and Service Locations

Outpatient Clinic

2440 Sixth St., Eureka | 707-268-2800

Screening and assessment, counseling, medication support, case management and referrals to other supplemental mental health services for Medi-Cal beneficiaries meeting medical necessity criteria. Services are provided in a variety of settings, including office, home and community settings.

Child Welfare Behavioral Health

2440 Sixth St., Eureka | 707-268-2800

Screening and assessment, counseling, case management and referrals to other specialty and supplemental mental health services for the child welfare population meeting Medi-Cal medical necessity criteria. Services are provided in a variety of home, community and office settings.

Transition-Age Youth (TAY)

433 M St., Eureka | 707-476-4944

Serving youth 16 to 26 years of age, the TAY program provides a full array of specialty mental health services utilizing the evidence-supported practice Transition to Independence Process (TIP). Other services, including peer support, Independent Living Skills, linkages to other county and state resources (e.g., CalFresh) and referrals to job placement and job retention resources.

Humboldt Bridges to Success (HBTS)

Humboldt Bridges to Success provides Crisis Triage Services in partnership with Humboldt County Schools on school campuses. HBTS staff work with students, families and school staff to stabilize crisis situations and connect students to longer-term services. Contact a school administrator to request a referral.

Organizational Provider Network

Mental health services are available to Medi-Cal beneficiaries through our network of contract providers. Services are provided in a variety of settings throughout the community.

Changing Tides Family Services

2259 Myrtle Ave., Eureka (main office) | 707-444-8293

Remi Vista Community Counseling

3960 Walnut Drive, Eureka (main office) | 707-268-8722

Two Feathers Native American Services

1560 Betty Court, Suite A McKinleyville | 707-839-1933

Redwood Community Services

310 Third St., Suite C, Eureka (main office) | 707-418-0109

Systems of Care (SOC)

Philosophy, Values and Goals

Systems of Care refers to how we work in partnership with one another to support the mental, emotional, physical, spiritual and social health and well-being of children, youth and families. It is a service system that is responsive, collaborative, easy to access, respectful and strength-based.

We strive to provide services that are community based, family driven, youth guided, and culturally respectful. We are committed to developing partnerships with consumers, families, and their support systems in order to promote mental health wellness throughout the community. Services reflect the beliefs and values of the culturally diverse people of Humboldt County.

Medi-Cal Specialty Mental Health Services

Screening & Assessment

Clinical phone screening to determine urgency and level of need may be provided upon request by calling (toll free) 888-849-5728, or 268-2800. A comprehensive mental health assessment to determine medical necessity and referrals to needed services may occur after screening, when indicated.

Counseling & Evidence-Based Practices

Individual and family outpatient counseling is available through all Behavioral Health programs and is provided by licensed and pre-licensed Marriage and Family Therapists (MFT/AMFT) and Clinical Social Workers (LCSW/ASW).

Evidence-Based Practices (EBPs) are utilized to meet the needs of children, youth and families whenever possible and include:

- Parent Child Interaction Therapy
- Child Parent Psychotherapy
- TIP

Medication Support

Medication support services may be provided by staff psychiatrists (MD) and registered psychiatric nurses (RN) upon screening and referral and is based on level of need.





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Case Management/Intensive Care Coordination (ICC)

Targeted case management services may be provided based on level of need and include linkage, brokerage, care coordination and rehabilitation services. ICC is a targeted case management service that facilitates assessment of, care planning for, and coordination of, services. ICC service components include: assessing; service planning and implementation, monitoring and adapting and transition. ICC must be delivered with a Child and Family Team (CFT) to develop and guide the planning and service delivery process.

Medi-Cal Supplemental Mental Health Services

Therapeutic Behavioral Services (TBS)

Intensive, individualized, one-to-one behavioral service available to youth and families. TBS requires pre-authorization and may be provided in-home or other settings to stabilize a child/youth, reducing the need for higher levels of care.

Intensive Home Based Services (IHBS)

IHBS is an intensive, individualized, strengths-based and needs-driven service that engages the participation of the child/youth and his/her significant support persons. IHBS helps the child/youth develop skills and achieve the goals and objectives of their service plan. IHBS is an intensive service focused on addressing the mental health and behavioral needs of the child/youth, consistent with the mental health and integrated CFT plan, and will be predominantly delivered in the home, school or community.

What is Medi-Cal medical necessity criteria?

To receive specialty and supplemental mental health services, Medi-Cal Early & Periodic Screening, Diagnosis & Treatment (EPSDT) requirements state that medical necessity criteria must be met:

- Child/youth's mental health condition, from a list of approved DSM-5 diagnoses, is responsive to mental health treatment interventions
- As a result of this condition, the child/youth is experiencing a significant impairment, a probability of significant deterioration or a lack of progress in an important area of life functioning

- The treatment intervention selected will address the identified condition, provide a benefit to the child/youth or prevent deterioration in an important area of life functioning and would not be responsive to a physical health care treatment alone.

Specialized Programs

Child Welfare Behavioral Health (CWBH)

Serving the child welfare population, CWBH works collaboratively with Child Welfare Services in providing a full array of specialty mental health services, including screening and assessment, counseling (including EBPs), case management, Intensive Care Coordination and referrals to other specialty and supplemental mental health services. Services are provided in a variety of home, community and office settings.

New Horizons/Juvenile Hall

Serving youth who are involved with the Juvenile Justice System, the New Horizons program and Juvenile Hall services work collaboratively with Juvenile Probation to provide screening and assessment, counseling, medication support, case management and after-care services for court-ordered, incarcerated youth. Referrals are coordinated with the Adolescent Treatment Program for substance use treatment in the community.

Adolescent Treatment Program (ATP)

ATP offers outpatient treatment for young people ages 12-18 with a substance use disorder (SUD). Services are designed to empower participants to make positive and permanent changes in their lives. This program is designed to provide care to clients in their community, home or in the office. Contact: 707-441-3773 or ATP@co.humboldt.ca.us.

Main Office:

2440 Sixth St., Eureka, CA 95501

Phone: 707-268-2800

Fax: 707-445-7270

Hours of Operation:

8 a.m. to 5 p.m.

Monday through Friday

